



Dental Care Guidelines for Patients Undergoing Spine Surgery

To Our Dental Colleagues,

We appreciate your collaboration in the care of our shared patients. To help keep care pathways aligned, below are the current dental procedure and antibiotic prophylaxis recommendations from our surgeons for patients undergoing or having undergone spine surgery.

- No dental work 3 weeks prior to surgery or 3 months after surgery
- Prophylactic antibiotic therapy is required for one (1) year following:

This timing helps reduce oral bacterial load, minimizes the risk of perioperative bacteremia, and supports optimal wound healing.

Preferred regimen:

- Amoxicillin 2 grams orally, taken 30–60 minutes prior to the dental procedure

For patients with severe penicillin allergy:

- Azithromycin 500 mg orally, 30–60 minutes prior to the procedure
- Clarithromycin 500 mg orally, 30–60 minutes prior to the procedure

Unless specifically cleared for dental work by Dr. Telles.

Urgent or emergent dental care during these windows should be discussed directly with the treating surgeon.

If you have questions about a specific patient or would like to discuss individual circumstances, please do not hesitate to contact our office. We value your partnership in providing safe, coordinated care. If you would like to have your patients' surgical records on file, please use the fax and fax it to Mammoth Hospital Orthopedic Clinic and the staff will fill it out and fax it back.

If you have questions about a specific patient or would like to discuss individual circumstances, please do not hesitate to contact our office. We value your partnership in providing safe, coordinated care.

Sincerely,

Dr. Connor Telles